



St. Michael School

**Athletic Program
Policy Manual
2023-2024**



Requirements for Participating in Athletics at St. Michael School

The following requirements must be met before an athlete can begin practicing or be listed on the team roster.

- Must be a student at St Michael School (unless otherwise approved by St Michael Administration) in good standing.
- Student must meet all criteria (set by the league which St Michael is affiliated) for participation.
- The *St Michael Athletic Program Policy Manual* must be completed with no omissions and must be accompanied with the appropriate sports fee.
- The student must meet the grade requirements as outlined in the **Parent-Student Handbook 2023-2024**.
- A current physical (attached last page) will be required prior to participating in any sport at St Michael School.

Dear Parents and Students:

Contained in this Athletic Program Policy Manual you will find the information required for your child to participate in athletic activities during the 2023-2024 school year at St. Michael School.

Please remember each student must have this **completed athletic booklet**, a **physical** completed by a qualified physician, their tuition paid up to date and the **sport fee/fees** paid in full by the deadline dates listed in this booklet prior to beginning any practice or being allowed on any team. (Note: **Any omissions** will be considered an incomplete booklet)

Communication for athletic events and information will be made via email, text messages and group me. Please make sure your email address is current and checked regularly. If you have any questions, please feel free to let us know.

Nicholas Benoit

Email: nbenoit@stmike.net

Cell: 337-581-4003

School: 337-783-1410

ST. MICHAEL SCHOOL
ATHLETIC PERMISSION/AUTHORIZATION FORM

NAME OF STUDENT: _____ SCHOOL YEAR: 2023-2024
(Use a separate booklet for each child)

CURRENT GRADE OF STUDENT: _____

St. Michael School Athletics are designed to provide each student with an opportunity to develop values in leadership, teamwork, self-discipline, self-confidence, perseverance, sacrifice, and dedication.

I request permission for my child to participate in all practice sessions and practice games as decided by the coaches. I further request my child be permitted to participate in all games, including but not limited to home, away, make-up and tournament games as decided by the coaches.

I understand the rules and regulations of athletics at St. Michael School, and I request permission for my child to participate in the sports programs. I understand that athletics involves some degree of risk, and that injury is possible. I release St. Michael Church, the Diocese of Lafayette and St. Michael School administrators, coaches, and staff from responsibility for accidental injury that may occur as a normal part of the athletic program.

I agree that my behavior and that of my guests attending athletic events is a reflection on St Michael School. I understand that if my behavior or that of my guests results in an ejection from any athletic event (either at home or away events), St Michael School requires that family must attend a mandatory meeting with the athletic director and/or principal prior to the student being allowed to continue participation in athletics. I also understand and acknowledge that after the deadline, no sports fees will be refunded nor applied to another sport, if the student or parent/guardian decides not to participate in the sport for which they signed up and paid.

I understand and agree that 5th and 6th grade sports, my student can expect fairly equal playing time depending on the size of the team. I further understand and agree that as my student begins 7th and 8th grade sports, there is no expectation of minimum playing time and that my student's skills, abilities, and attitude will determine if they earn playing time, as determined by the coach(es).

In giving permission for my child to participate in athletics at St. Michael School or as part of a team off sight, I agree that emergency personnel may be called in the case of an emergency (ambulance or paramedic) and I agree to be responsible for the cost of that service.

I understand that I must fulfill the requirements listed in this booklet before my child can participate in Athletics at St. Michael School for 2023 – 2024.

I have read the St. Michael School Athletic Program Policy Manual for school year 2023-2024 and I agree to support all these rules.

Parent's Signature: _____ Date: _____

Parent/Guardian Name: _____

2023-2024 SCHOOL YEAR

SPORTS PARTICIPATION INFORMATION SHEET

Students may not practice or play in any sport until all forms and fees including tuition have been collected. (Month and due dates for sport fee is listed below.) Forms and fees are to be returned to the Athletic Director

A \$25 late fee will be assessed if fees and/or athletic booklets are turned in after the deadline.

Students are to turn in their complete uniform at the end of every sport. All uniforms should not be put in the dryer. Hang dry only. Parents will be billed for any uniforms not turned in or ruined by drying.

DO NOT PUT UNIFORMS IN THE DRYER, HANG DRY THEM ONLY

Below is a list of sports and deadlines for turning in athletic booklets for your child to be able to participate in for the 2023-2024 school year.

SPORTS SEASONS

CHEERLEADER 8th grade GIRLS ONLY (August- October)

FOOTBALL 7th & 8th grade BOYS ONLY (August-October)

FLAG FOOTBALL 5TH & 6TH grade Girls & Boys (August-October)

VOLLEYBALL 5th thru 8th grade GIRLS ONLY (August-October)

CROSS COUNTRY 6th thru 8th grade Girls & Boys (August-October)

BASKETBALL 5th thru 8th grade GIRLS & BOYS (November- January)

SOCCER 5th thru 8th grade Girls & Boys (December-January)

BASEBALL 5th thru 8th grade BOYS ONLY (January-February)

SOFTBALL 5th thru 8th grade GIRLS ONLY (January-February)

GOLF 5th thru 8th grade GIRLS & BOYS (March-May)

TRACK 5th thru 8th grade GIRLS & BOYS (March-May)

ST. MICHAEL SCHOOL ATHLETIC POLICY

Parents will be sent an email about a sport being offered, prior to the start of each sport.

- A parent shall be responsible for dropping off and picking up his/her child at their designated time at every athletic practice or an athletic event. Parents are not to drop a child off without checking to see if a coach is present.
- Coaches shall make parents aware of the time that practices or the athletic events will end.
- On the first occasion that a parent is late in picking up his/her child, the Coach shall give a written warning to the parent. The second time that a parent is late in picking up a child; the parent will be personally contacted by the Athletic Director. On the third occasion that the parent is late, the child will either be suspended or removed completely from the team at the coaches' discretion. For purposes of first, second, or third episode, each sport will be considered separately. Therefore, tardiness in picking up a child during football season will not be carried over to a different sport such as basketball.
- **Participation in St. Michael Athletics is 1st priority over other extracurricular activities such as "Select Ball Teams" or recreational teams. Students missing practices or games due to these activities can be removed from the team or "benched" at the coaches' discretion.**
- Any dissatisfaction by a parent with the enforcement of the above rules will be handled by the grievance committee of the Advisory Council of St. Michael School.

Athletic Fees will not be refunded or applied to another sport after the deadline.
The fee is a commitment to a sport and is used to pay league fees for teams, a student deciding not to play can affect whether a team is created and can result in fines for St Michael or being dismissed from a league.

ATHLETIC ELIGIBILITY

To be eligible for athletics students must meet the criteria set forth in the St Michael Parent-Student Handbook 2023-2024.

A student disciplined for violation of St. Michael School rules will be subject to the discipline set forth in the St. Michael Student/Parent Handbook regarding sports.

All tuition and fees must be current and up to date before a student can participate in a sport.

ALL SPORTS PLAYING RULES

Being a student in St. Michael School is not a ticket to participation in Athletics. Every student has a right to "try out" and to have his/her abilities fairly evaluated by competent personnel, but not an absolute right to participation. If a team minimum is not reached, that grade may not be able to participate.

The number of teams is decided by the number of athletic booklets turned in by the deadline date. Additional teams will not be created due to an influx of "late deciding" players.

A "Decision to play" sheet will be required from every student for a sport by the deadline.

FOOTBALL

The coaches will try to play a 5th quarter (7th grade game) for the players that did not get a chance to play during the game.

This will only be possible if the other team's coach agrees to play the fifth quarter.

VOLLEYBALL, FLAG FOOTBALL SOCCER, BASKETBALL, BASEBALL & SOFTBALL

5th and 6th grade teams are focusing on fundamentals and learning the game, the coach shall make every effort to play all athletes equally, and depending on team sizes this may not always be possible.

7th and 8th grade teams are focused on honing skills learned in previous years and are by definition competitive teams. Coaches will make an effort to play all team members but will not be subject to any minimum play time.

Every effort will be made not to cut teams, taking into consideration league rules, class size, and availability of coaches. Larger teams, however, by design affect individual playing time.

TRACK

Every track athlete has a chance to compete during meets, however the amount of events the student is willing to do will affect if he/she gets to compete in the meet (a student only wishing to do one event may not be able to compete due to their results in practices)

GOLF

Golf may be cut to 12 players (due to coaching considerations). Only those players participating in matches will be issued a uniform.

Match participation will be determined by practice scores.

CHEERLEADERS

8th GRADE GIRLS – All 8th grade girls are able to become a cheerleader

Team Minimums:

(Flag Football – 9) (Volleyball – 8) (Soccer – 13)

(Basketball – 7) (Baseball/Softball – 11)

Athletes will be allowed to play and practice for only one school sport at a time.

Once the sport is completed the athlete may participate in the next sport.

The above rule does not apply to cheerleading.

Teams that require or need lower grades students to be placed on their roster for “fill in” positions, will play every correct grade level athlete before the lower grade athlete can be put into a game.

St Michael has people designated to deal with athletic league issues, only those persons are authorized to contact/communicate with the league on behalf of St Michael School. Any unauthorized person contacting the league will result in that person being prohibited from attending all future athletic events involving St Michael School

Diocesan Policy Concerning the Transporting of Students

As a parent, if you intend to transport students other than your own, you must fully comply with the below listed requirements, which is mandated by our insurance carrier, Catholic Mutual, before you transport students.

Drivers must comply with the Safe Environment policy in place in the Diocese of Lafayette. Every car driving students must have two adults present who have met all requirements of the diocesan policy at all times.

1. Car Insurance Form
2. Current car insurance with minimum coverage of \$100,000/\$300,000
3. A "Safe Environment" trained adult must be in every vehicle when transporting team members.
4. No vans in the 11-15 passenger range are to be used to transport our students at any time (Diocesan Policy)

St. Michael School Athletic Transportation Policy

Effective September 1, 2016... St. Michael School **will not** provide transportation or make arrangements for transportation for students to athletic team events. Students will be given a game roster and are expected to plan for their own transportation to athletic events. This policy may change from year-to-year dependant on the accessibility of transportation vehicles but should not be "counted on" or "expected".

By signing the ATHLETIC PERMISSION/AUTHORIZATION FORM on Page 3 of this booklet, You agree to the following statements:

_____ I have read the St. Michael School policy regarding Athletic Transportation, and I understand that it is my responsibility to transport my child to and from Athletic events, including practice, games, and tournaments. I understand the coach will provide a roster with dates and times of these events. If I cannot provide transportation, it will be my responsibility to make arrangements for my child's transportation.

_____ I also waive, release, and forever discharge all claims against the Diocese of Lafayette, St. Michael School, their commissioners, board, administration, teachers, employees, volunteers and other agents for damages and/or injuries to or of my child listed below which may arise from participation in this activity.

_____ I have read and understand the Diocesan policy for transporting students, and I will comply with this policy.

_____ Drivers, in addition to having insurance, must be 21 years old.

I acknowledge that by providing transportation to and from sporting events I and/or my insurance carrier will be primarily liable for injury or damages to students who are being transported by me.

ATHLETIC FEES

<u>SPORT</u>	<u>FEE</u>	ADDITIONAL Fee/equipment Required (not provided by St. Michaels)	<u>DEADLINE</u>
FOOTBALL	\$145	Cleats, girdle, pads for pants	JULY 15
Flag Football	\$60	Cleats	JULY 14
Cross Country	\$60	Shorts and Running Shoes	JULY 14
Volleyball	\$60	Shorts & shoes	JULY 14
Basketball	\$60	Shoes & Shooting Shirt	SEPT. 29
Soccer	\$60	Shorts & Soccer cleats	SEPT. 29
Baseball	\$75	Bat, glove, cleats, pants	JANUARY 5
Softball	\$75	Bat, glove, cleats, pants	JANUARY 5
Golf	\$60	\$50 paid to Bayou Bend for use of course and range balls Golf Clubs & Golf Shoes	FEBRUARY 9
Track	\$60	Track shoes, shorts	FEBRUARY 9
Cheer	\$60	Cheer Uniform, Shoes, Practice/camp wear, Backpack, Camps	April

ST. MICHAEL SCHOOL ATHLETIC SPORTS POLICY FOR ALL SPORTS AND GRADE LEVELS

Players who miss practice or a game without valid excuse (all school events are considered a valid excuse) will not play in the next game. Two unexcused missed practices may result in removal from the team. (Coaches will decide if the excuse is valid or not.)

Parents are responsible for picking up and dropping off their child on time at the end of practice and game.

Drop off only athletes (no one else) for a scheduled practice no earlier than 5 minutes before the scheduled practice time.

Please check the gym, field or track and **make sure the coach is present before dropping off your child** for a practice or game.

Parents will be required to work the gate/concession stand on a rotational basis. St. Michael School depends on admission fees and concessions to pay officials fees and incidentals. Not reporting to work at scheduled times (parents) will lead to your child not playing in that day's game or the next. A parent may switch work times with another parent or get a high school student to work their shift.

Students must be present at school for 3.5 hours on a game day to be eligible to participate in sports, unless the student has a scheduled doctor appointment for which they must present a doctor's excuse verifying the appointment date.

School rules apply not only to the school day, but also to field trips, sporting events, and extracurricular activities. St. Michael School students should remember that they represent the school at all times, and they must never bring discredit to their school. St. Michael students should strive to live by the school philosophy at all times. (See Parent/Student Handbook) Receiving a banner will be an 8th grade privilege and will be awarded to any 8th grade team who wins first place in their division and wins first place in the League Tournament.

Parents will be sent an email prior to the start of any sport, from the Athletic Director or his designee and/or the coaches. A student coming to practice is acknowledgement of the parent or guardian that you agree to abide by the terms and conditions set forth in the email.

Parents, coaches, moderators, and administrators have a responsibility to model good sportsmanship and good Christian values. It is their responsibility to help students win gracefully, accept defeat gracefully, and how to demonstrate good sportsmanship.

Your child is playing sports for fun. Everyone wants you to enjoy the game also. This information is being provided to assist you and your child in gaining the maximum benefit possible from each sport St. Michael School offers. Following are some simple rules you should observe. Please consider them carefully.

Do not shout instructions to your child. This only causes confusion since the coach has already instructed your child on how to play. If you do shout instructions, your child will probably try to please you and the coach at the same time. In trying to do two things at one time, the child may be unable to do both.

Cheer for your child when he/she plays well. However, remember that your child is a member of a team. Let the other players know you support them, too.

Suffer in silence (or moan softly) whenever something occurs that goes against your child's team or when coaches make what you consider a bad decision. A display of anger may inflame a delicate situation resulting in embarrassment for you or your child. Coaches give their time to St. Michael School, so be patient during any sporting event.

If you feel the need to discuss a particular situation about your child, you must follow this chain of authority to express your concern:

1. **Coach (if not resolved then contact #2 Athletic Director)**
2. **Athletic Director (if not resolved then contact #3 Principal)**
3. **Principal**

Circumvention of this chain of authority will result in your child not being able to participate in St. Michael Athletics! THEY WILL HANDLE THE SITUATION & TAKE APPROPRIATE ACTION.

No Sunday Events – (this includes practice, games, tournaments and meets.) Diocesan Policy: DP 4001

Do Not Run Up & Down the Court/Field. Find a comfortable place to sit down or stand, relax and enjoy the game.

Do not shout insults or verbally abuse the officials. It's hard for a child to learn respect for the officials when their parents set a poor example. The official has the power to stop the game and eject persons causing the disruption if the crowd becomes discourteous.

Set the tone for good sportsmanship by adopting a positive attitude if your team loses. Compliment your child for his/her good plays and ignore the mistakes. The coach will point those out to him/her soon enough. Your child will be happy you noticed their qualities.

Unsportsmanlike conduct by any player will not be tolerated and may result in removal from the game. Severity could lead to removal from team.

If a child is ejected from a game, he/she will have a mandatory one game suspension. The infraction will be reviewed by the Principal and the Athletic Director and depending on the severity of the infraction, the child may be given more than a one game suspension or removed from the team.

If you are asked to leave any St. Michael School athletic event you comply with request of the official(s), your failure to do so will result in being banned from all remaining athletic events.

Athletic eligibility under scholastic rule: Read St. Michael Athletic Board By-Laws and Parent/Student Handbook.

Medication/Illness

Over the counter or prescription medication is not allowed to be given to students by coaches or moderators. If your child requires medication, please take care of this yourself before or after a game or practice, or students remain at home.

If a child has an allergy or requires an Epi Pen or breathing apparatus, the parent must in- service the Athletic Director and the Coach as to how to provide medication and submit all medical forms signed by the physician to the Athletic Director as well as provide an Epi Pen for the coach to have at practices and games.

If a student is injured the Athletic Director has the right to receive a doctor's statement attesting to the fitness and ability to play before allowing the student to participate in athletics.

Behavior Expectations

- Harassment: See St. Michael School Parent/Student Handbook. Expected Behavior: Consequence Policy (i.e. Harassment) St. Michael School Parent/Student Handbook rules and regulations will be followed.
- League Rules/Policies will take precedence over school policy if the league policy is stricter
- If any harassment or inappropriate behavior occurs, it should be reported immediately to the Athletic Director and/or Principal.
- If any child bullies or harasses another child, whether it is an opponent or teammate, they will be given a one (1) game suspension and will face the possibility of removal from the team.
- Cell phone policy – Parent/Student Handbook.

CREATING TEAMS:

St. Michael wants to provide every grade with a team for both girls and boys, however this is not always possible due to smaller numbers of students signing up to play. If a particular grade does not have enough players signed up by the posted deadline the following will take place:

The grade that does not have enough players will be merged with the next higher grade level team, provided that the team being merged with does not already have a large number of players, at this point then the grade without enough players signed up will not have a team for that sport.

The following shall only apply if an 8th grade team has at least (1/2) half of the minimum number of players. In the event any 8th grade team does not have enough players to make a team, the 7th grade team will be pulled up to make an 8th grade team. If the 8th grade team has less than half (1/2) of the minimum amount signed up, 7th grade may **(at their discretion)** play up to make an 8th grade team for these players.

[If 7th grade has enough players for their own team, the parents can decide at that time if they wish to play as both a 7th grade team and an 8th grade team (2 teams) but the 8th grade team will be created using 7th grade students.]

The head coach for the higher grade team will retain head coach status and the lower grade coaches are welcomed to assist.

St. Michael deadlines will always be before league deadlines in order to ensure the proper number of players, coaches, equipment is available. Any forms or sign ups occurring after the St Michael's deadline will not increase the number of teams. The number of teams will be decided the morning after the St. Michael deadline to turn in forms.

No additional time will be given past the set deadline for anyone including parents and coaches to reach out to enlist more players to create their team.

In the event a sport does not have a coach by the St Michael deadline, then that team will not have that particular grade sport. These players may, however elect to play up to the next higher grade, provided the next higher grade does not already have a large number of players signed up.

Parents are encouraged to contact the athletic director prior to any deadline to inquire about the number of players already signed up for a particular grade. These numbers will not be given out once the deadline has occurred.

ST. MICHAEL SCHOOL SAINTS DECISION TO PLAY SPORTS 2023-24

FORM MUST BE TURNED IN BY JULY 14, 2023 FOR FALL SPORTS

Student Name: _____ Grade: _____

Student Jersey/Shirt Size (Circle One):

YS YM YL YXL AS AM AL AXL AXXL

This serves as official notice that _____ (Student's Name),
has decided to participate in the following sport(s) for St. Michael School.

Please check the sport(s) your child will be participating in:

FALL 2023 SPORTS: August – October

_____ Football (7th/8th) \$145 _____ Flag Football (5th/6th) \$60

_____ Volleyball (5th-8th) \$60 _____ Cross Country (7th/6th) \$60

INVOICE MY SCHOOL FACTS ACCOUNT for above selected sports fee: ___YES ___NO

PAID BY CHECK/CASH:

DATE: _____ CHECK #: _____ AMOUNT: \$ _____

Parent/Guardian Name(s) _____

Parent/Guardian Contact number(s) _____

Parent's Signature

Date

This form is due **by the deadline** of each sport being considered prior to playing that sport at St. Michael School. **The number of teams is decided by the number of forms received by this deadline.** Turning in this form after the deadline has passed will not alter the number of teams.

Athletic Fees **will not be refunded** or applied to another sport after the deadline. The fee is a commitment to a sport and is used to pay league fees for teams, a student deciding not to play can affect whether a team is created and can result in fines for St Michael or being dismissed from a league.

LHSAA MEDICAL HISTORY EVALUATION

IMPORTANT: This form must be completed annually, kept on file with the school, & is subject to inspection by the Rules Compliance Team.

Please Print

Name: _____ School: _____ Grade: _____ Date: _____
 Sport(s): _____ Sex: M / F Date of Birth: _____ Age: _____ Cell Phone: _____
 Home Address: _____ City: _____ State: _____ Zip Code: _____ Home Phone: _____
 Parent / Guardian: _____ Employer: _____ Work Phone: _____

FAMILY MEDICAL HISTORY: Has any member of your family under age 50 had these conditions?

Yes	No	Condition	Whom	Yes	No	Condition	Whom	Yes	No	Condition	Whom
<input type="checkbox"/>	<input type="checkbox"/>	Heart Attack/Disease	_____	<input type="checkbox"/>	<input type="checkbox"/>	Sudden Death	_____	<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	_____
<input type="checkbox"/>	<input type="checkbox"/>	Stroke	_____	<input type="checkbox"/>	<input type="checkbox"/>	Arm / Wrist / Hand L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	_____	<input type="checkbox"/>	<input type="checkbox"/>	Sickle Cell Trait/Anemia	_____	<input type="checkbox"/>	<input type="checkbox"/>	Epilepsy	_____

ATHLETE'S ORTHOPAEDIC HISTORY: Has the athlete had any of the following injuries?

Yes	No	Condition	Date	Yes	No	Condition	Date	Yes	No	Condition	Date
<input type="checkbox"/>	<input type="checkbox"/>	Head Injury / Concussion	_____	<input type="checkbox"/>	<input type="checkbox"/>	Neck Injury / Stinger	_____	<input type="checkbox"/>	<input type="checkbox"/>	Shoulder L / R	_____
<input type="checkbox"/>	<input type="checkbox"/>	Elbow L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Arm / Wrist / Hand L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Back	_____
<input type="checkbox"/>	<input type="checkbox"/>	Hip L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Thigh L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Knee L / R	_____
<input type="checkbox"/>	<input type="checkbox"/>	Lower Leg L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Chronic Shin Splints	_____	<input type="checkbox"/>	<input type="checkbox"/>	Ankle L / R	_____
<input type="checkbox"/>	<input type="checkbox"/>	Foot L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Severe Muscle Strain	_____	<input type="checkbox"/>	<input type="checkbox"/>	Pinched Nerve	_____
<input type="checkbox"/>	<input type="checkbox"/>	Chest	_____	Previous Surgeries: _____							

ATHLETE MEDICAL HISTORY: Has the athlete had any of these conditions?

Yes	No	Condition	Yes	No	Condition	Yes	No	Condition
<input type="checkbox"/>	<input type="checkbox"/>	Heart Murmur / Chest Pain / Tightness	<input type="checkbox"/>	<input type="checkbox"/>	Asthma / Prescribed Inhaler	<input type="checkbox"/>	<input type="checkbox"/>	Menstrual irregularities: Last Cycle: _____
<input type="checkbox"/>	<input type="checkbox"/>	Seizures	<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath / Coughing	<input type="checkbox"/>	<input type="checkbox"/>	Rapid weight loss / gain
<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	Hernia	<input type="checkbox"/>	<input type="checkbox"/>	Take supplements/vitamins
<input type="checkbox"/>	<input type="checkbox"/>	Irregular Heartbeat	<input type="checkbox"/>	<input type="checkbox"/>	Knocked out / Concussion	<input type="checkbox"/>	<input type="checkbox"/>	Heat related problems
<input type="checkbox"/>	<input type="checkbox"/>	Single Testicle	<input type="checkbox"/>	<input type="checkbox"/>	Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	Recent Mononucleosi
<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Enlarged Spleen
<input type="checkbox"/>	<input type="checkbox"/>	Dizzy / Fainting	<input type="checkbox"/>	<input type="checkbox"/>	Liver Disease	<input type="checkbox"/>	<input type="checkbox"/>	Sickle Cell Trait/Anemia
<input type="checkbox"/>	<input type="checkbox"/>	Organ Loss (kidney, spleen, etc)	<input type="checkbox"/>	<input type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	Overnight in hospital
<input type="checkbox"/>	<input type="checkbox"/>	Surgery	<input type="checkbox"/>	<input type="checkbox"/>	Prescribed EPI PEN	<input type="checkbox"/>	<input type="checkbox"/>	Allergies (Food, Drugs) _____
<input type="checkbox"/>	<input type="checkbox"/>	Medications _____						

List Dates for: Last Tetanus Shot: _____ Measles Immunization: _____ Meningitis Vaccine: _____

PARENTS' WAIVER FORM

To the best of our knowledge, we have given true & accurate information & hereby grant permission for the physical screening evaluation. We understand the evaluation involves a limited examination and the screening is not intended to nor will it prevent injury or sudden death. We further understand that if the examination is provided without expectation of payment, there shall be no cause of action pursuant to Louisiana R.S. 9:2798 against the team volunteer health-care provider and/or employer under Louisiana law.

This waiver, executed on the date below by the undersigned medical doctor, osteopathic doctor, nurse practitioner or physician's assistant and parent of the student athlete named above, is done so in compliance with Louisiana law with the full understanding that there shall be no cause of action for any loss or damage caused by any act or omission related to the health care services if rendered voluntarily and without expectation of payment herein unless such loss or damage was caused by gross negligence. Additionally,

1. If, in the judgment of a school representative, the named student-athlete needs care or treatment as a result of an injury or sickness, I do hereby request, consent and authorize for such care as may be deemed necessary.....**Yes No**
2. I understand that if the medical status of my child changes in any significant manner after his/her physical examination, I will notify his/her principal of the change immediately.....**Yes No**
3. I give my permission for the athletic trainer to release information concerning my child's injuries to the head coach/athletic director/principal of his/her school.....**Yes No**
4. By my signature below, I am agreeing to allow my child's medical history/exam form and all eligibility forms to be reviewed by the LHSAA or its Representative(s)**Yes No**

Date Signed by Parent _____ Signature of Parent _____ Typed or Printed Name of Parent _____

II. COMPLETED ANNUALLY BY MEDICAL DOCTOR (MD), OSTEOPATHIC DR. (DO), NURSE PRACTITIONER (APRN) or PHYSICIAN'S ASSISTANT (PA)

Height _____	Weight _____	Blood Pressure _____	Pulse _____
--------------	--------------	----------------------	-------------

GENERAL MEDICAL EXAM :

	Norm	Abnl
ENT	<input type="checkbox"/>	<input type="checkbox"/>
Lungs	<input type="checkbox"/>	<input type="checkbox"/>
Heart	<input type="checkbox"/>	<input type="checkbox"/>
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>
Skin	<input type="checkbox"/>	<input type="checkbox"/>
Hernia	<input type="checkbox"/>	<input type="checkbox"/>
(if Needed)		

COMMENTS: _____

OPTIONAL EXAMS:

VISION:
 L: _____ R: _____ Corrected: _____

DENTAL:
 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17

ORTHOPAEDIC EXAM :

	Norm	Abnl
I. Spine / Neck		
Cervical	<input type="checkbox"/>	<input type="checkbox"/>
Thoracic	<input type="checkbox"/>	<input type="checkbox"/>
Lumbar	<input type="checkbox"/>	<input type="checkbox"/>
II. Upper Extremity		
Shoulder	<input type="checkbox"/>	<input type="checkbox"/>
Elbow	<input type="checkbox"/>	<input type="checkbox"/>
Wrist	<input type="checkbox"/>	<input type="checkbox"/>
Hand / Fingers	<input type="checkbox"/>	<input type="checkbox"/>
III. Lower Extremity		
Hip	<input type="checkbox"/>	<input type="checkbox"/>
Knee	<input type="checkbox"/>	<input type="checkbox"/>
Ankle	<input type="checkbox"/>	<input type="checkbox"/>

From this limited screening I see no reason why this student cannot participate in athletics.

- Student is cleared
 Cleared after further evaluation and treatment for: _____
 Not cleared for: __contact __non-contact

Printed Name of MD, DO, APRN or PA _____ Signature of MD, DO, APRN or PA _____ Date of Medical Examination _____

This physical expires 13 months from the date it was signed and dated by the MD, DO, APRN or PA.