

Saint Michael the Archangel

Saint Michael the Archangle, defend us in battle
Be our protection against the wickedness and snares of the Devil;
May God rebuke him, we humbly pray;
And do thou, O Prince of the heavenly host,
By the power of God, thrust into hell
Satan and all evil spirits
Who wander through the world for the ruin of souls.
Amen

The Lord's Prayer

Our Father, who art in heaven,
Hallowed be thy Name.
Thy kingdom come.
Thy will be done, On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
and the power,
and the glory,
for ever and ever.
Amen.

The Hail Mary

Hail, Mary!
Full of grace!
The Lord is with thee,
Blessed are thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now, and at the hour of our death.
Amen

The Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now,
and ever shall be,
world without end.
Amen

Morning Offering

O Jesus,
through the Immaculate Heart of Mary,
I offer You my prayers, works, joys, and sufferings of this day
in union with the Holy Sacrifice of the Mass throughout the world.
I offer them for all the intentions of Your Sacred Heart;
the salvation of souls, reparation for sin,
the reunion of all Christians.
I offer them for the intentions of our Bishops and of all Apostles of Prayer and in
particular for those recommended by our Holy Father this month.
Amen.

Act of Faith

O my God,
I firmly believe that Thou art one God in three Divine Persons, Father, Son and Holy
Ghost; I believe that Thy divine Son became man, and died for our sins, and that He will
come to judge the living and the dead. I believe these and all the truths which the Holy
Catholic Church teaches, because Thou hast revealed them, who canst neither deceive nor
be deceived.

Act of Hope

O my God,
relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon
of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ,
my Lord and Redeemer.

Act of Charity

O my God,
I love Thee above all things, with my whole heart and soul, because Thou art all-good
and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all
who have injured me, and ask pardon of all whom I have injured.

Consecration to the Blessed Virgin Mary

My Queen and my Mother, I give myself entirely to you, and in proof of my affection, I
give you my eyes, my ears, my tongue, my heart, my whole being without reserve. Since
I am your own, keep me and guard me as your property and possession. Amen

Prayer before a Day's Work

Direct, we beg you, O Lord, our actions by your holy inspirations, and grant that we may
carry them out with your gracious assistance, that every prayer and work of ours may
begin always with you, and through you be happily ended.
Amen

Abandonment to God's Providence

My Lord and my God: into your hands I abandon the past and the present and the future, what is small and what is great, what amounts to a little and what amounts to a lot, things temporal and things eternal. Amen

Prayer to Keep the Presence of God

Lord, God Almighty, you have brought us safely to the beginning of this day. Defend us today by your mighty power, so that we may not fall into any sin, and that all our words may so proceed and all our thoughts and actions be so directed as to be always just in your sight. Through Christ our Lord. Amen

Prayer to One's Guardian Angel

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day (or night) be at my side,
to light and guard,
to rule and guide.
Amen

The Apostles' Creed

I believe in God the Father Almighty,
Creator of Heaven and earth;
I believe in Jesus Christ,
His only Son, our Lord,
He was conceived by the power of the
Holy Spirit and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day He rose again.
He ascended into Heaven
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen