

## **Pray the Rosary**

The complete Rosary is composed of twenty decades. It is divided into four distinct parts, which may be said separately at different times of the day, the five Joyful Mysteries, the five Sorrowful Mysteries, the five Glorious Mysteries, and the five Luminous Mysteries,

If you say only five decades a day, it is customary to say the Joyful Mysteries on Monday and Saturday (Sundays of Advent and Sundays from Epiphany until Lent), the Sorrowful Mysteries on Tuesday and Friday (Daily from Ash Wednesday until Easter Sunday), the Glorious Mysteries on Wednesday and Sunday, and the Luminous Mysteries on Thursday.

## **How to Pray the Rosary**

The Introduction:

- Make the sign of the cross
- At the cross -- say the Apostles' Creed
- At the first individual bead -- say one Our Father
- At each of the three consecutive beads -- say one Hail Mary for an increase of faith, hope and charity
- After the 3rd, say Glory Be and O My Jesus

The First Mystery:

- State the First Mystery
- Optional: state the prayer intention for this mystery
- At the individual bead -- say one Our Father
- At each of the ten consecutive beads -- say one Hail Mary
- After the 10th, say Glory Be and O My Jesus

The Second Mystery:

- State the Second Mystery,
- Optional: state the prayer intention for this mystery
- At the individual bead -- say one Our Father
- At each of the ten consecutive beads -- say one Hail Mary
- After the 10th, say Glory Be and O My Jesus

The Third Mystery:

- State the Third Mystery
- Optional: state the prayer intention for this mystery
- At the individual bead -- say one Our Father
- At each of the ten consecutive beads -- say one Hail Mary
- After the 10th, say Glory Be and O My Jesus

The Fourth Mystery:

- State the Fourth Mystery
- Optional: state the prayer intention for this mystery
- At the individual bead -- say one Our Father
- At each of the ten consecutive beads -- say one Hail Mary
- After the 10th, say Glory Be and O My Jesus

The Fifth Mystery:

- State the Fifth Mystery
- Optional: state the prayer intention for this mystery
- At the individual bead -- say one Our Father

-- At each of the ten consecutive beads -- say one Hail Mary  
-- After the 10th, say Glory Be and O My Jesus

Conclusion:

-- Hail Holy Queen  
-- O God, Whose  
-- Make the sign of the cross

## **Rosary Prayers**

### The Sign of the Cross

In the name of the Father of the Son and of the Holy Spirit.

### The Apostles' Creed

I believe in God the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Amen

### The Our Father

Our Father, who art in heaven, hallowed be Thy name: Thy kingdom come: Thy will be done on earth as it is in heaven. Give us this day our daily bread: and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation: but deliver us from evil. Amen.

### The Hail Mary

Hail Mary, full of grace;  
the Lord is with thee:  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.

Amen

### Glory Be to the Father

Glory be to the Father,  
and to the Son  
and to the Holy Spirit.  
As it was in the beginning,  
is now and ever shall be,  
world without end.

Amen.

### Fatima Prayer

"O my Jesus, forgive us our sins,  
save us from the fires of hell,  
and lead all souls to Heaven,

especially those in most need of Your Mercy".  
Amen.  
(Our Lady at Fatima, 13th July 1917)

### The Hail, Holy Queen

Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley, of tears. Turn, then, most gracious Advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.  
Pray for us O Holy Mother of God.  
That we may be made worthy of the promises of Christ.

O GOD, whose only begotten Son,  
by His life, death, and resurrection,  
has purchased for us the rewards of eternal life,  
grant, we beseech Thee,  
that meditating upon these mysteries  
of the Most Holy Rosary of the Blessed Virgin Mary,  
we may imitate what they contain and obtain what they promise,  
through the same Christ Our Lord.  
Amen.

## **The Promises**

Fifteen Promises of the Blessed Virgin  
To Christians Who Faithfully Pray the Rosary

1. To all those who shall pray my Rosary devoutly, I promise my special protection and great graces.
2. Those who shall persevere in the recitation of my Rosary will receive some special grace.
3. The Rosary will be a very powerful armor against hell; it will destroy vice, deliver from sin and dispel heresy.
4. The rosary will make virtue and good works flourish, and will obtain for souls the most abundant divine mercies. It will draw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
5. Those who trust themselves to me through the Rosary will not perish.
6. Whoever recites my Rosary devoutly reflecting on the mysteries, shall never be overwhelmed by misfortune. He will not experience the anger of God nor will he perish by an unprovided death. The sinner will be converted; the just will persevere in grace and merit eternal life.
7. Those truly devoted to my Rosary shall not die without the sacraments of the Church.

8. Those who are faithful to recite my Rosary shall have during their life and at their death the light of God and the plenitude of His graces and will share in the merits of the blessed.
9. I will deliver promptly from purgatory souls devoted to my Rosary.
10. True children of my Rosary will enjoy great glory in heaven.
11. What you shall ask through my Rosary you shall obtain.
12. To those who propagate my Rosary I promise aid in all their necessities.
13. I have obtained from my Son that all the members of the Rosary Confraternity shall have as their intercessors, in life and in death, the entire celestial court.
14. Those who recite my Rosary faithfully are my beloved children, the brothers and sisters of Jesus Christ.
15. Devotion to my Rosary is a special sign of predestination.